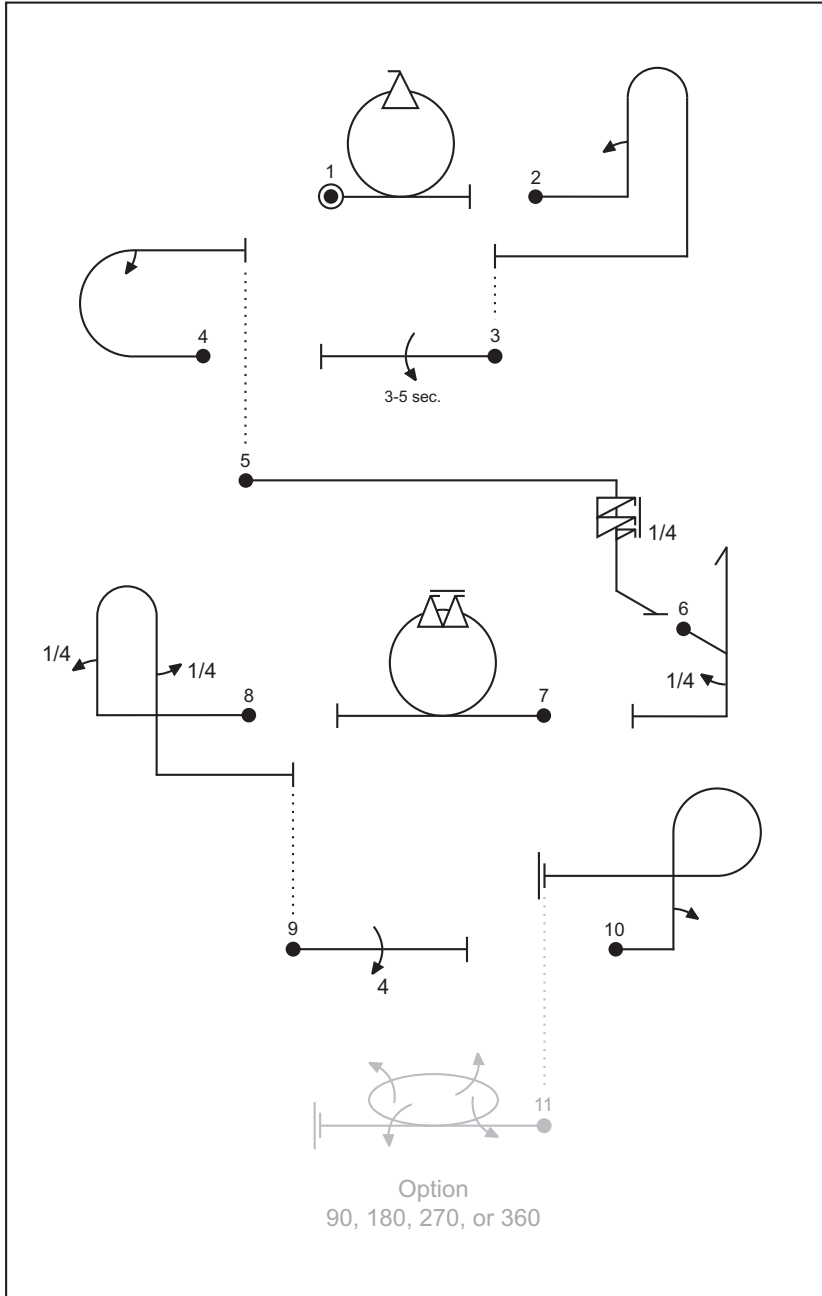


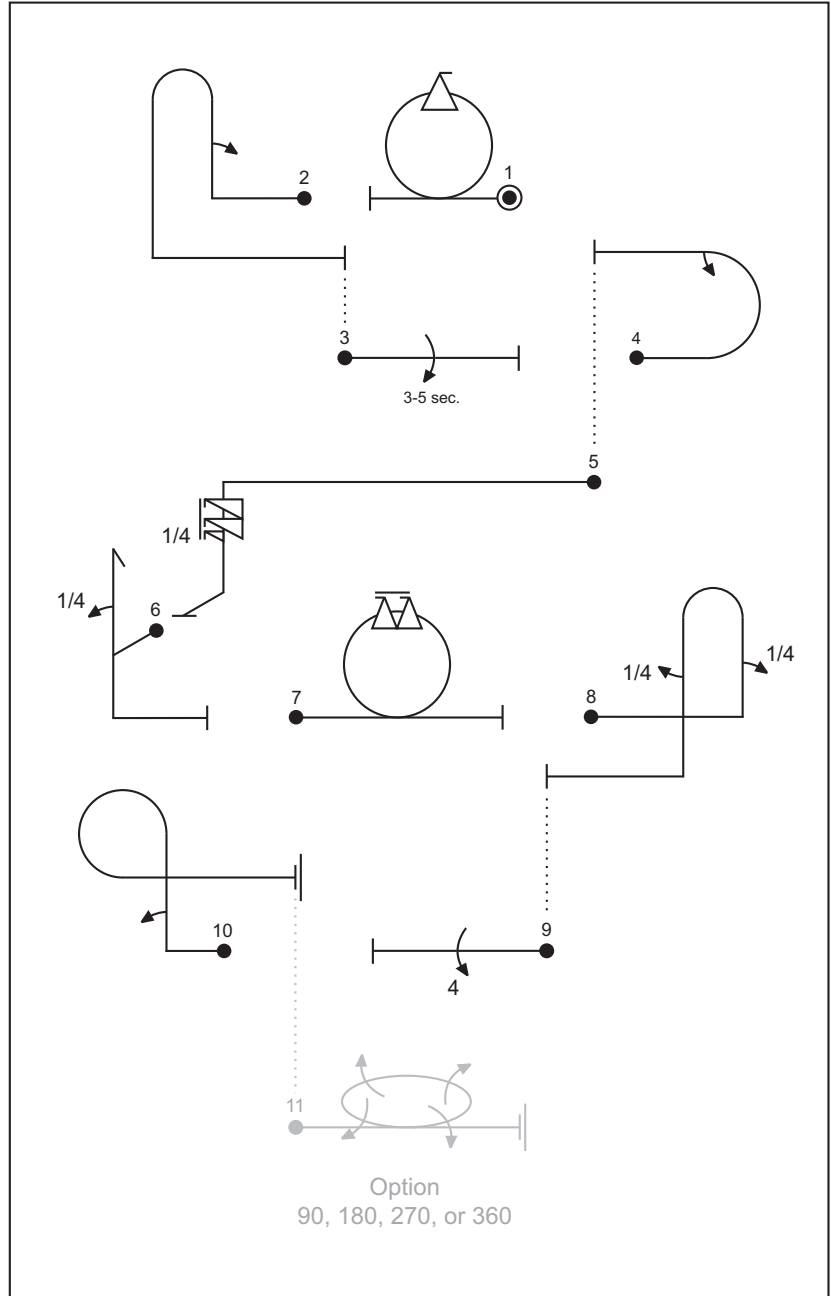
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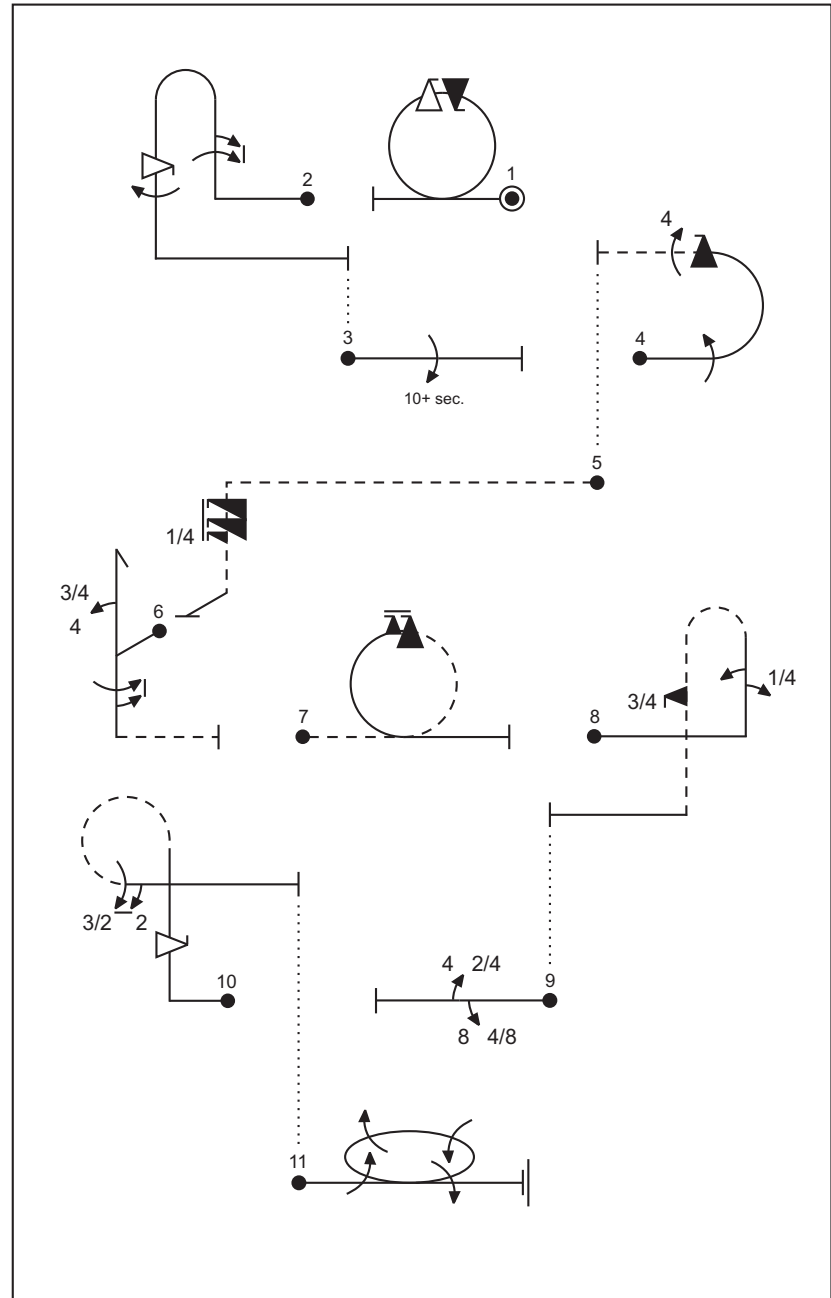
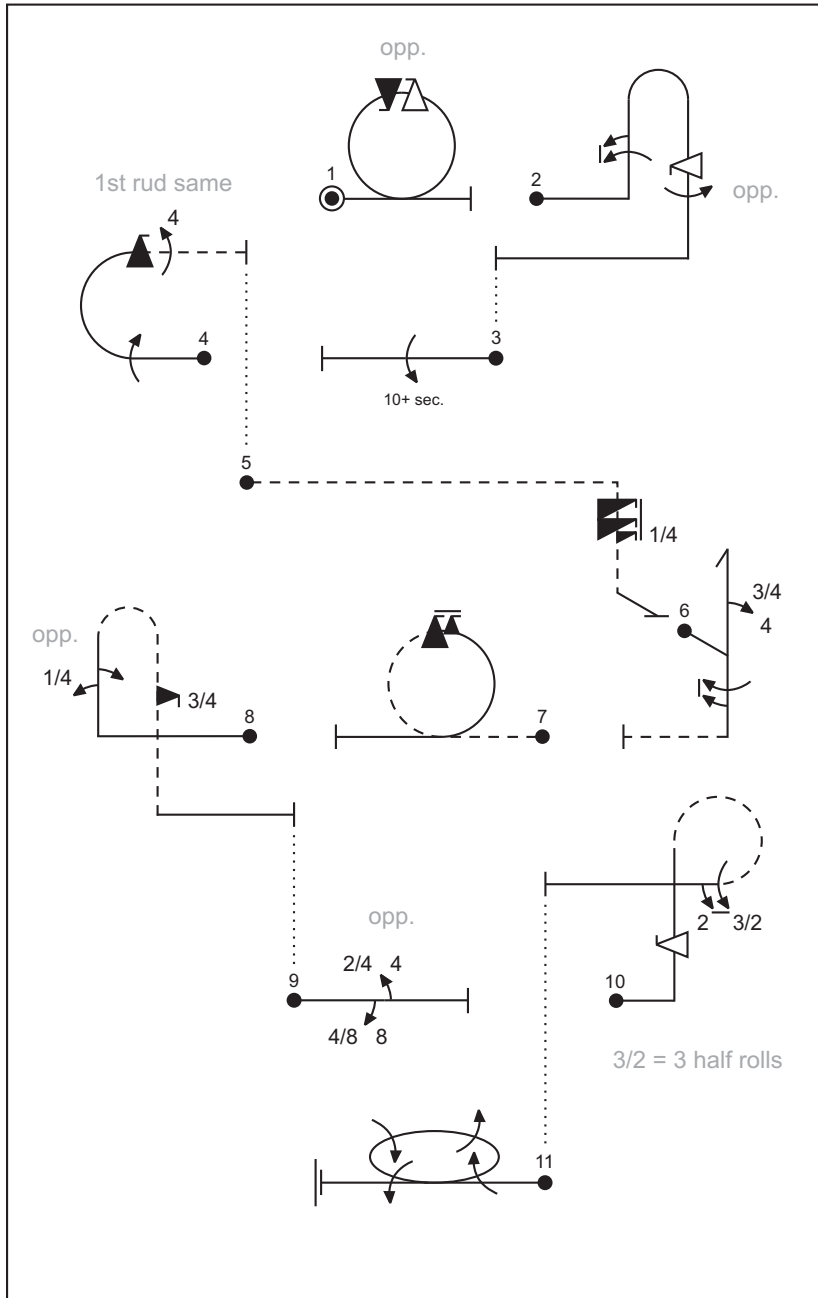
RCFS sequence 84



RCFS sequence 84

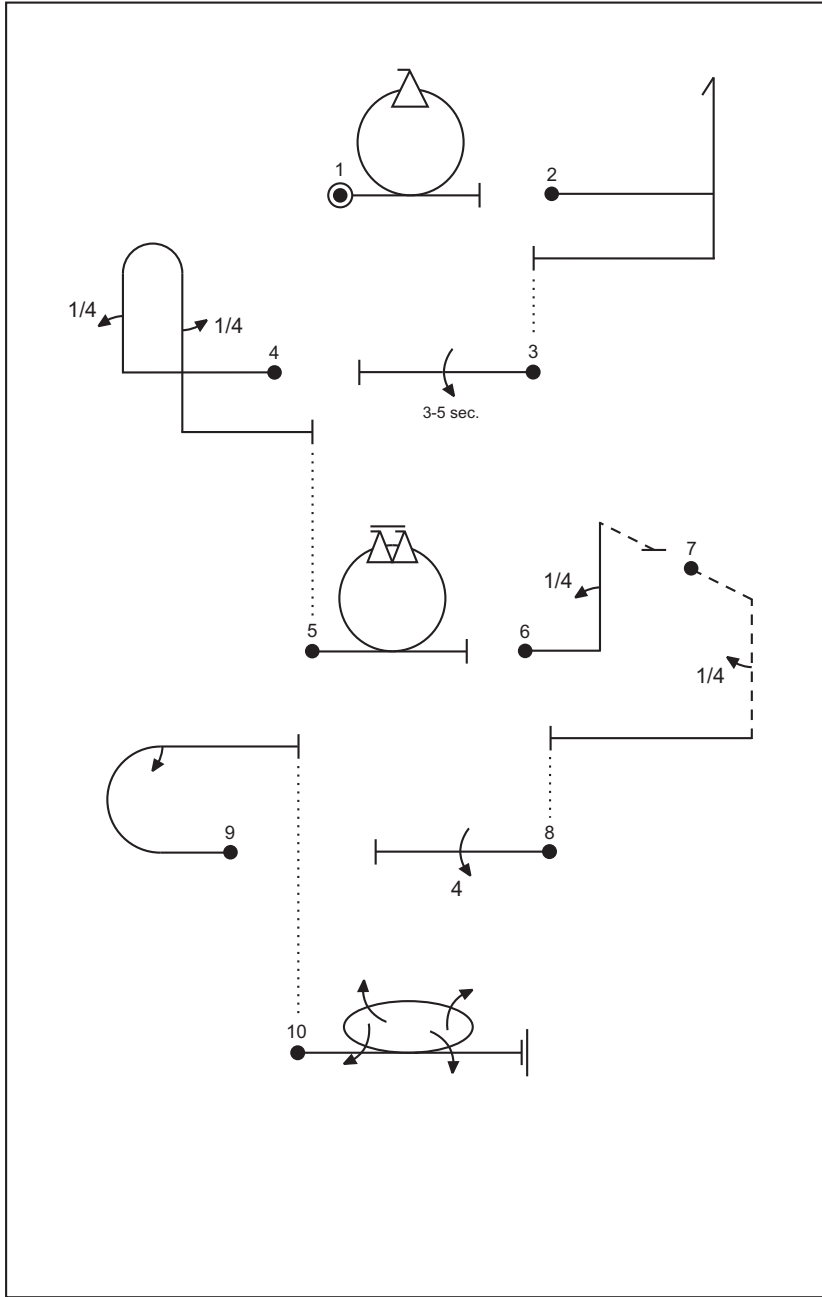
Series 5





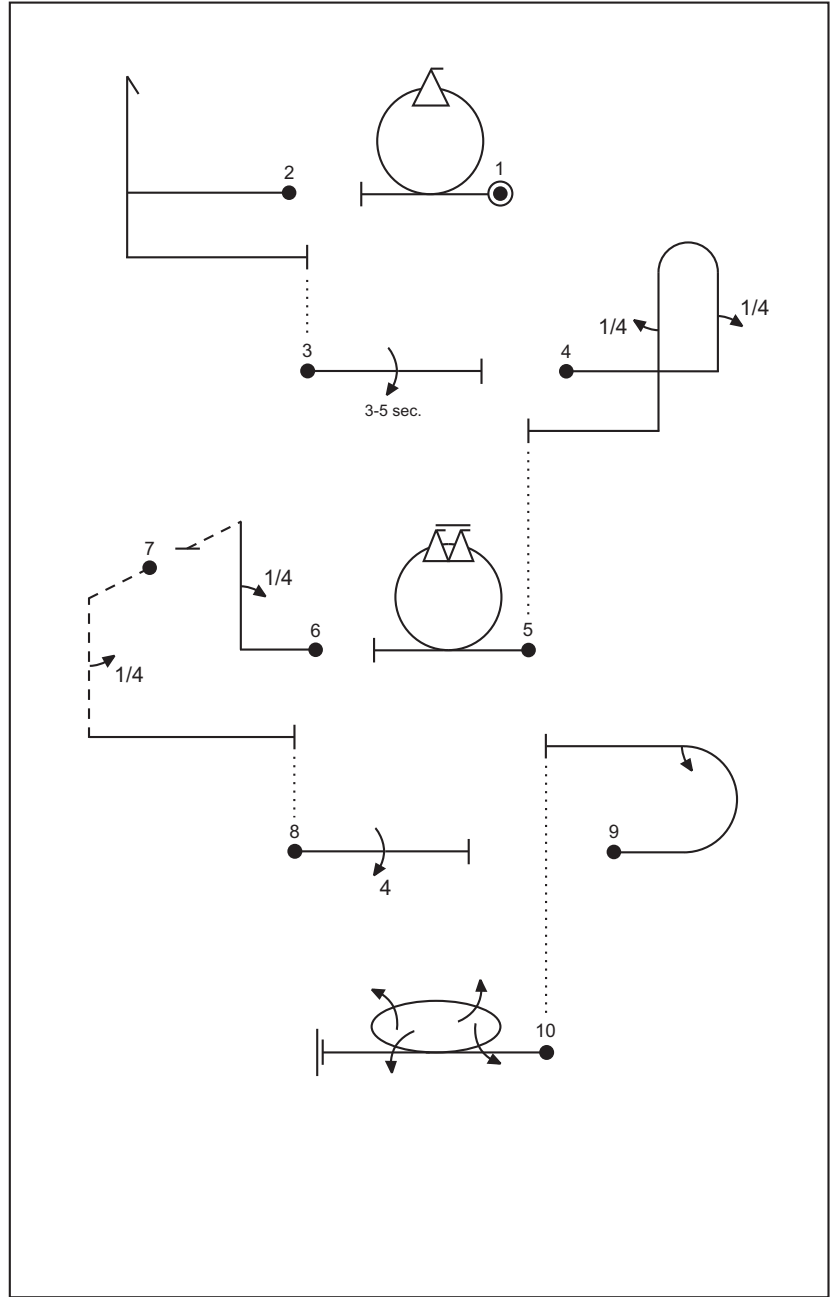
Rating A+

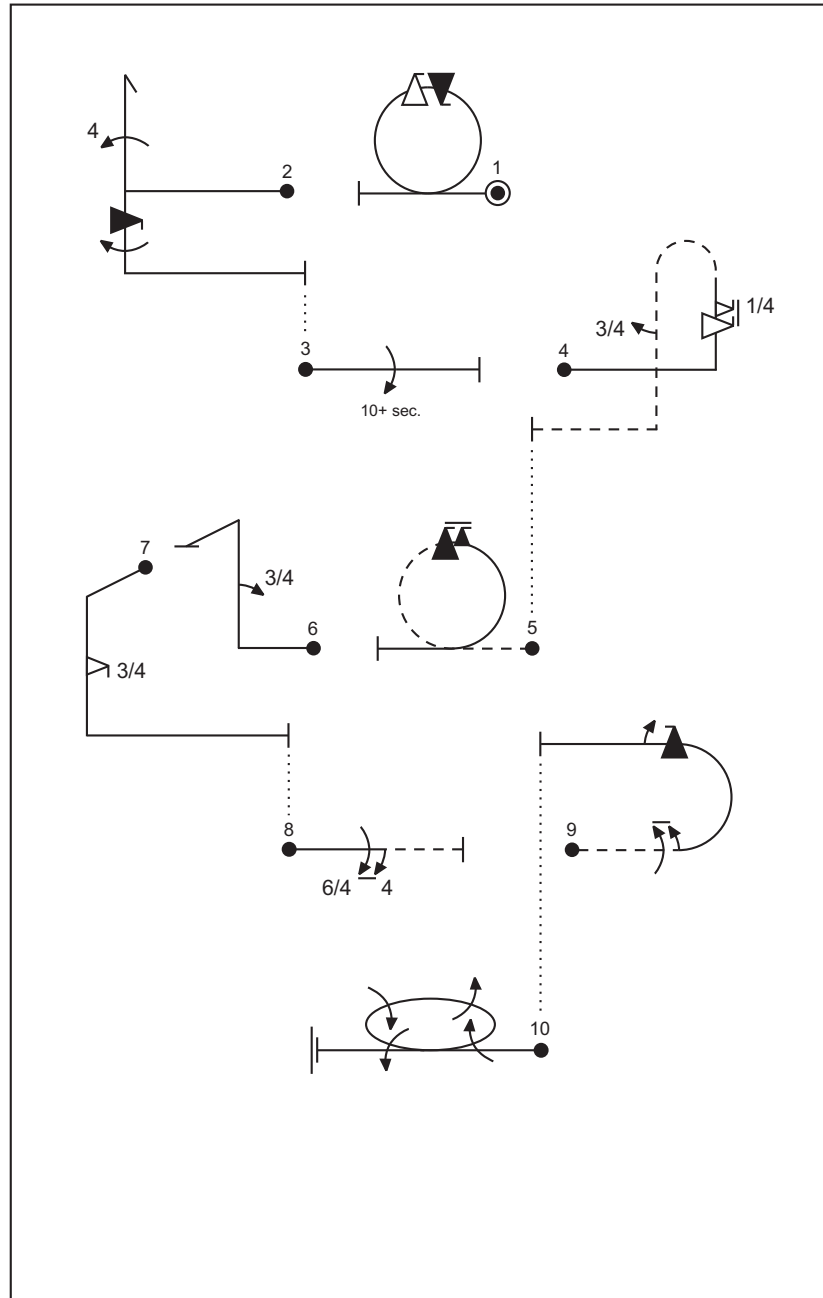
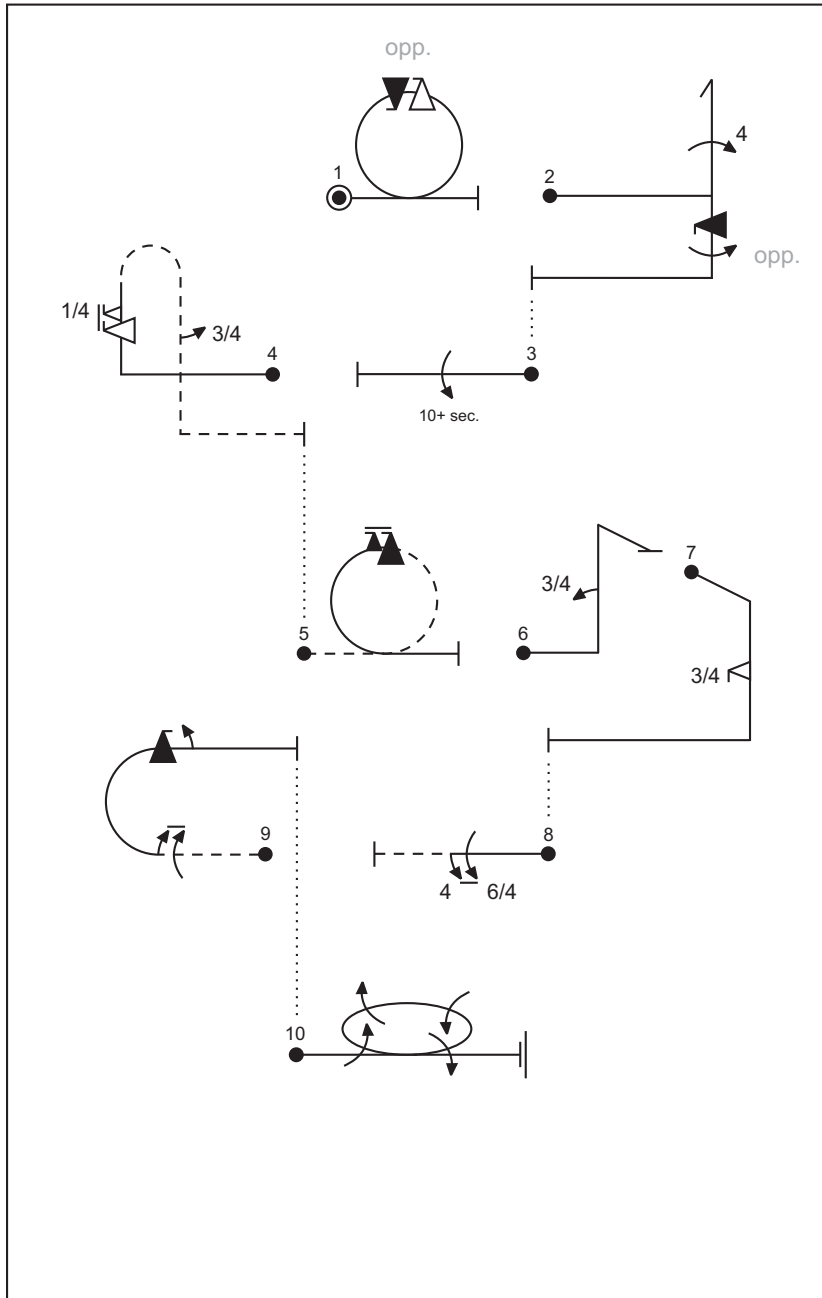
RCFS sequence 86



RCFS sequence 86

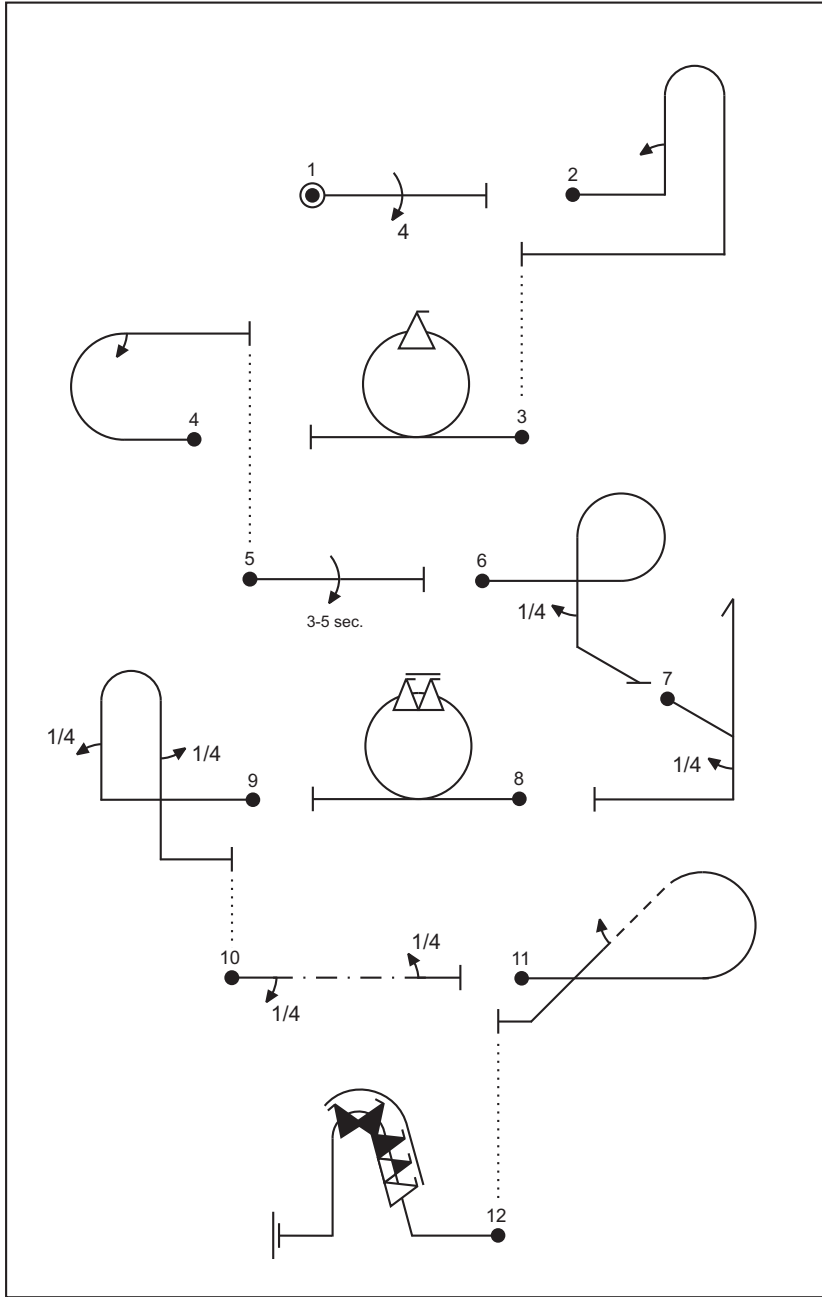
Series 2





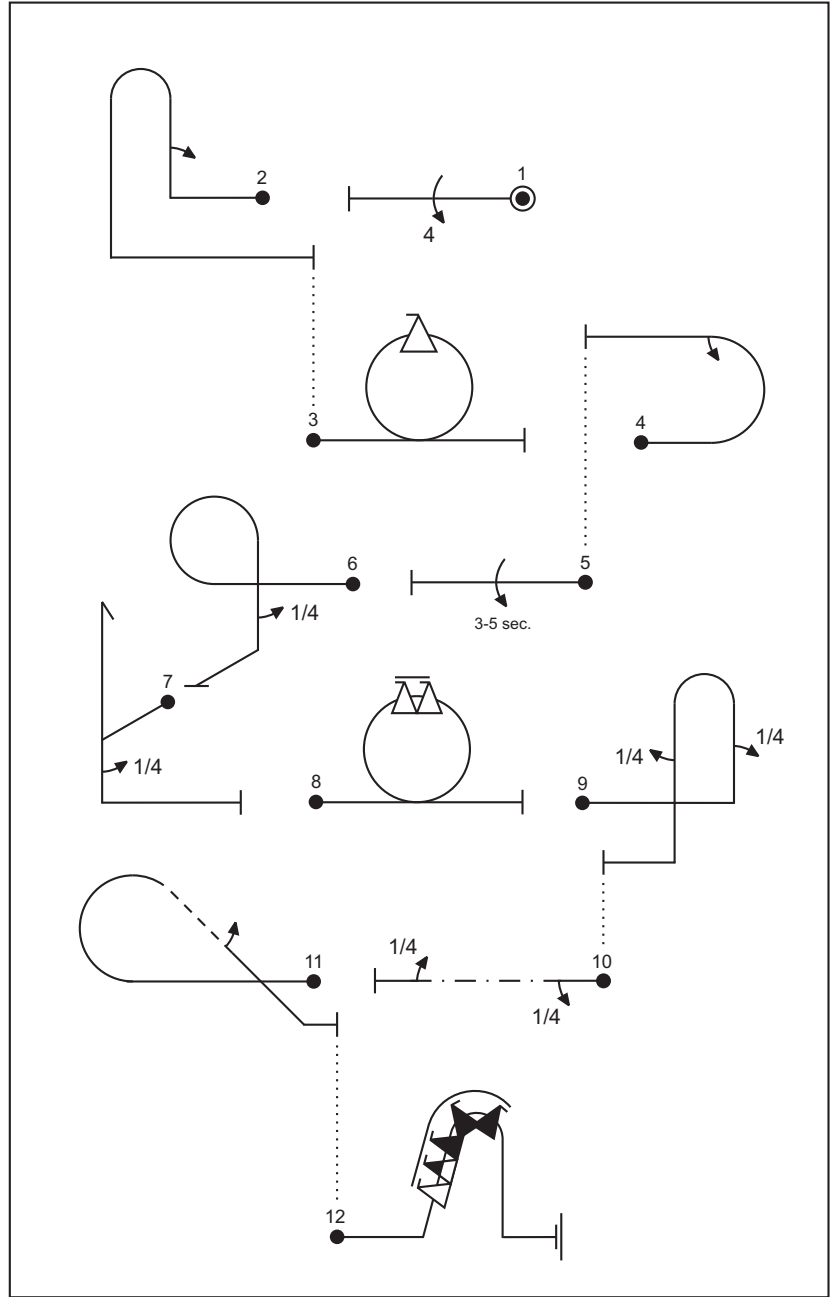
Rating A+

RCFS sequence 88



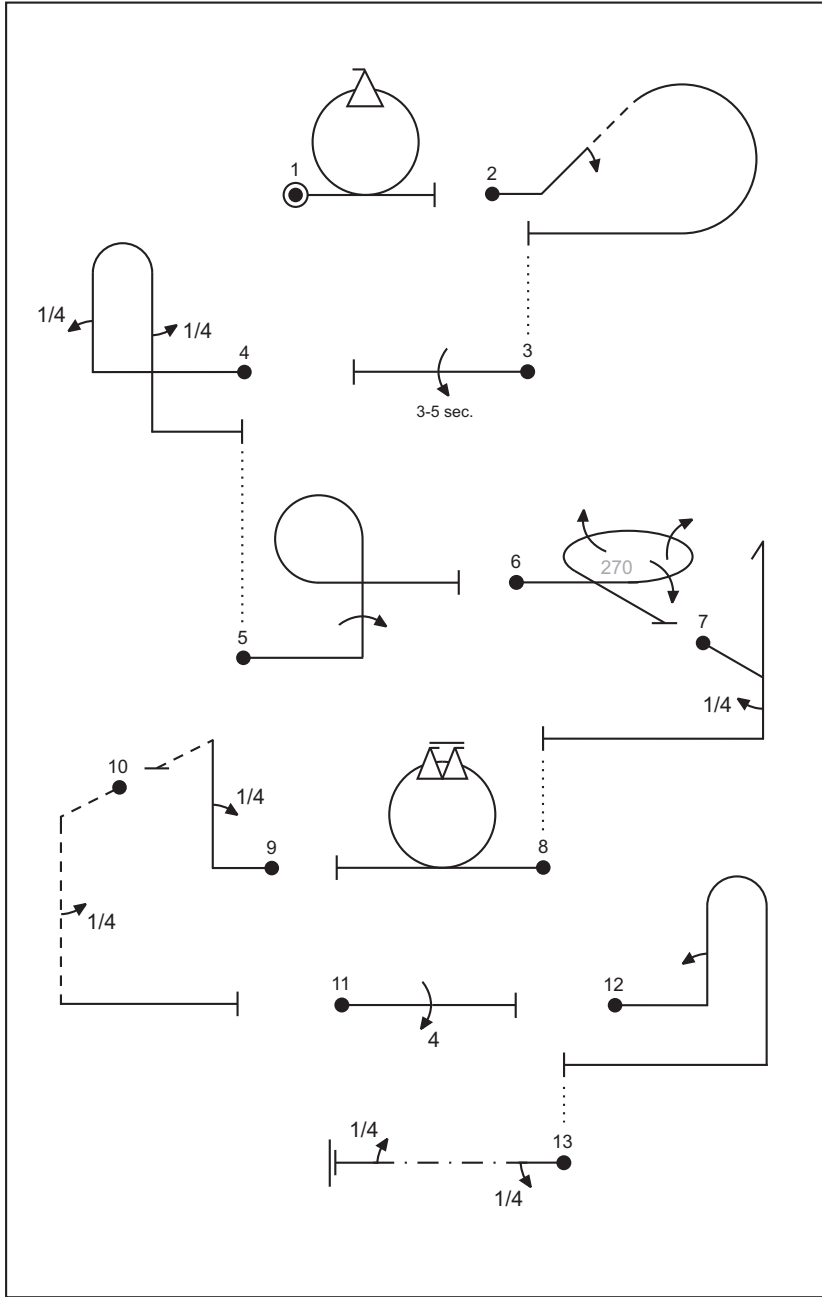
RCFS sequence 88

Series 23



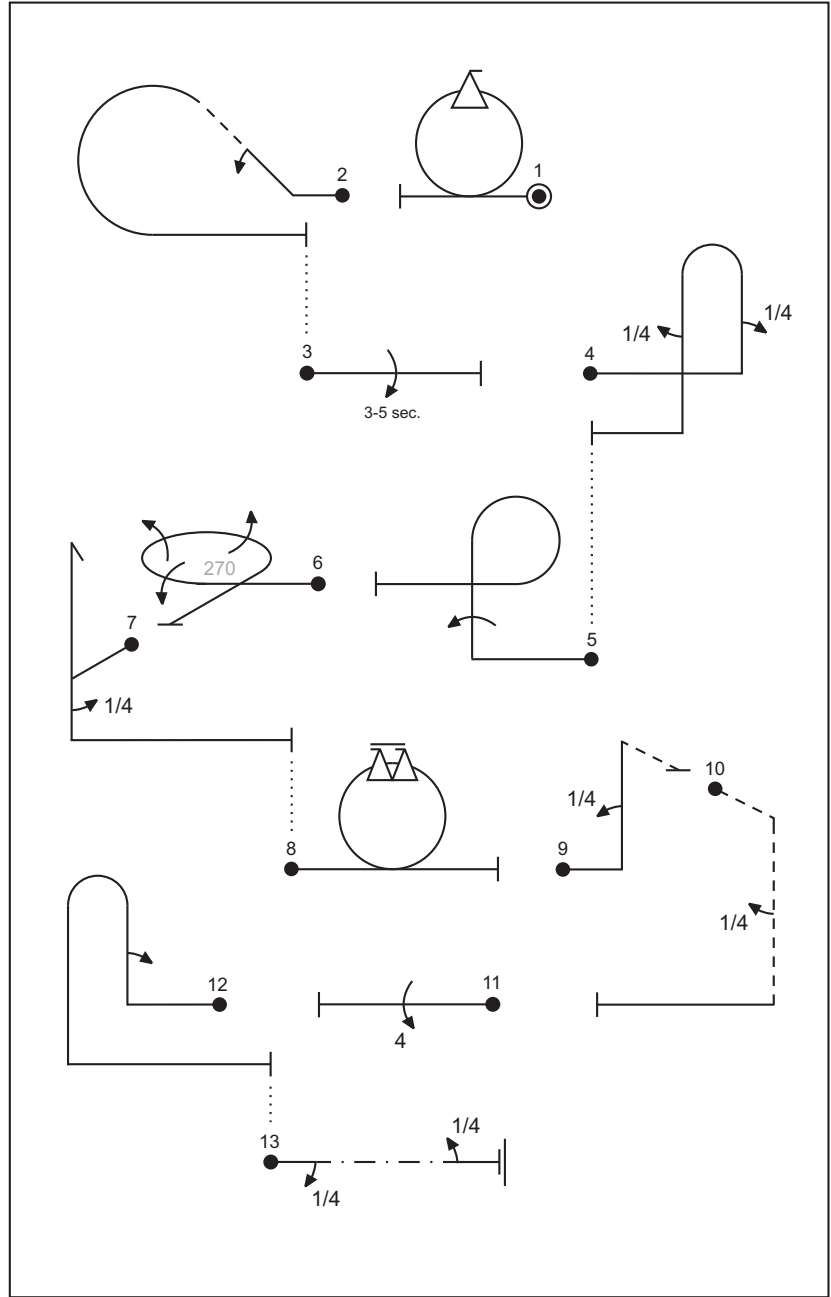
Rating A+

RCFS sequence 90



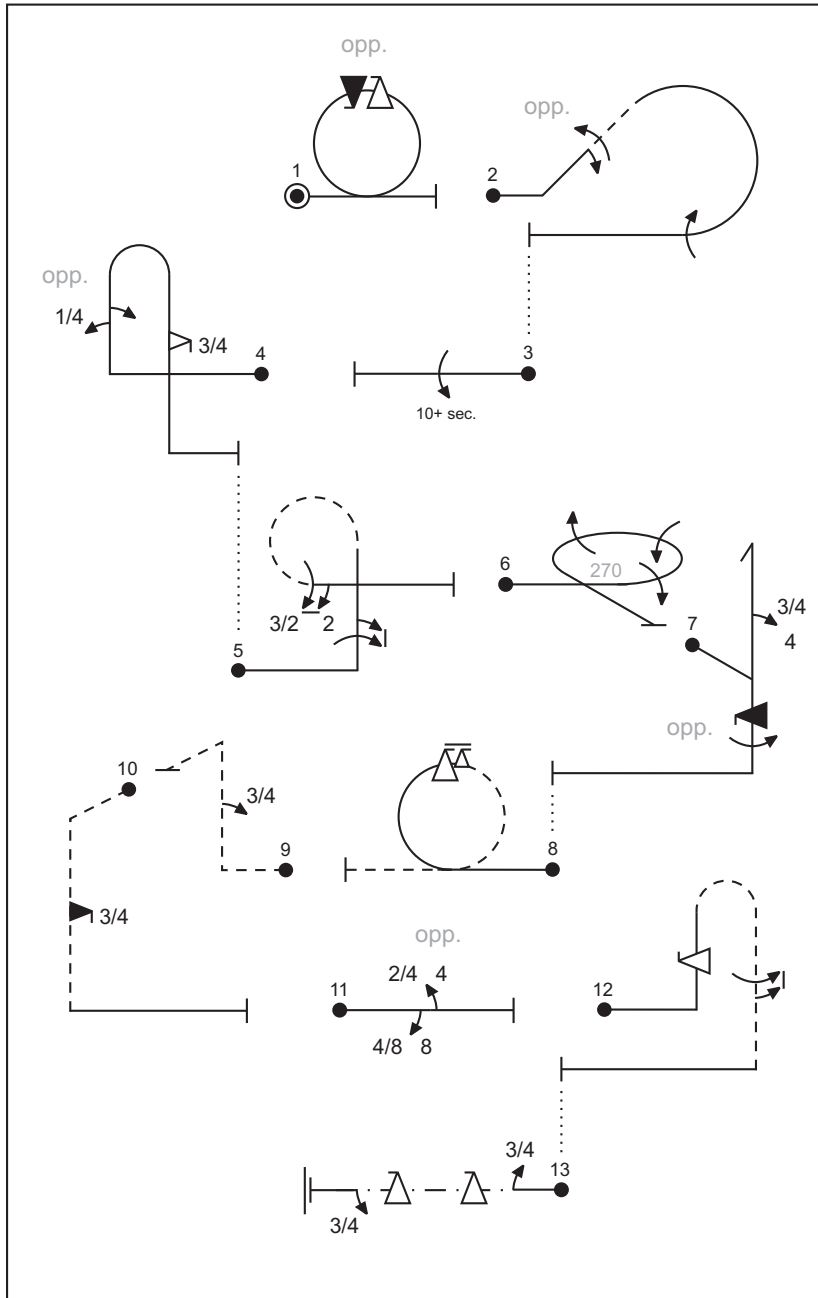
RCFS sequence 90

Series 33



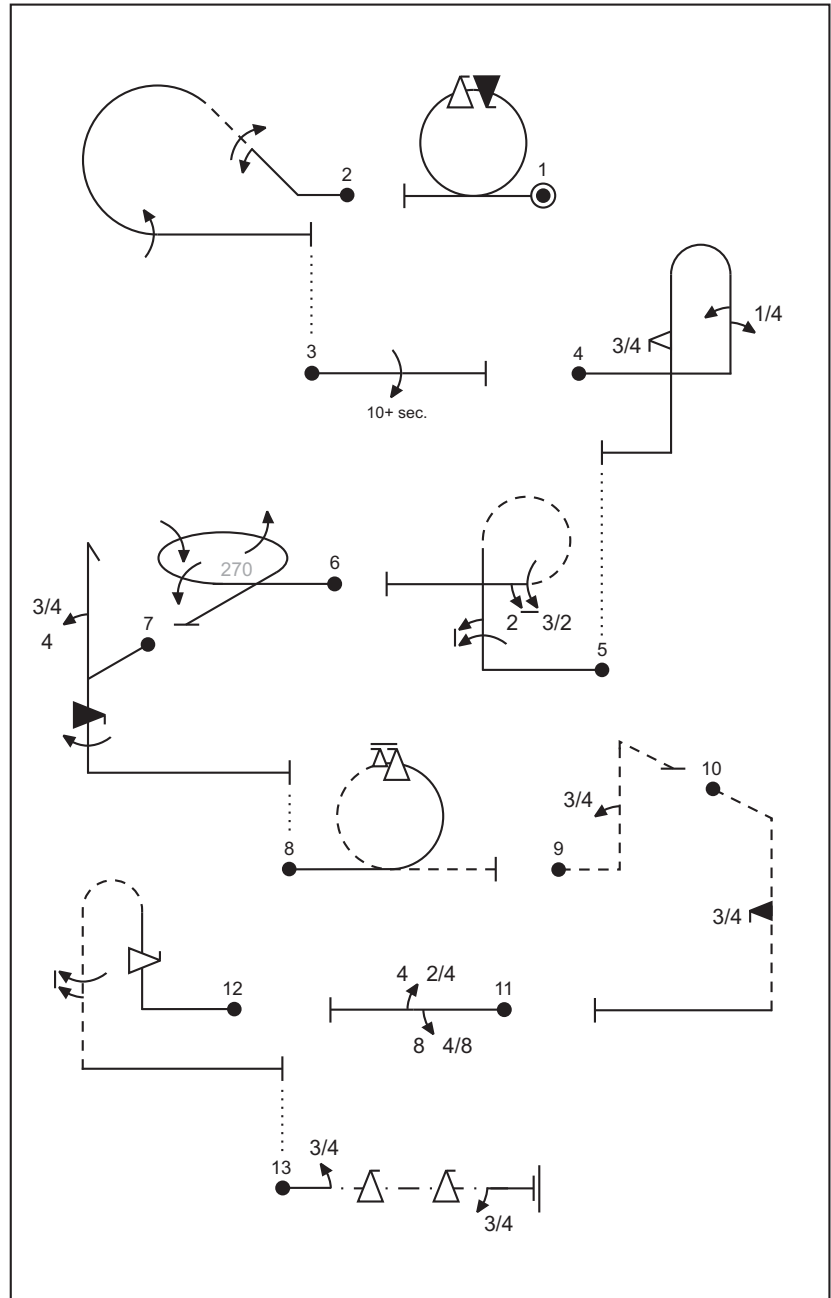
Rating A+

RCFS sequence 91



RCFS sequence 91

Series 33



Sequences

Sequence 82:

1. 4-Point Roll
2. Half Reverse Cuban
3. Avalanche
4. Pull-Pull-Pull Humpty
(1/4 rolls on up & downlines)
5. Slow Roll
6. Hammerhead
7. Double Avalanche
8. Half Cuban
9. P Loop
10. 2 $\frac{1}{2}$ -turn Upright Spin

Sequence 84:

1. Avalanche
2. Pull-Pull-Pull Humpty
(half roll on the upline)
3. Slow Roll
4. Immelmann
5. 2 $\frac{1}{4}$ -turn Upright Spin
(cross-box exit)
6. Hammerhead
(1/4 roll up or downline)
7. Double Avalanche
8. Pull-Pull-Pull Humpty
(1/4 rolls on up & downlines)
9. 4-Point Roll
10. Reverse P Loop
11. Outside Rolling Circle

Sequence 86:

1. Avalanche
2. Hammerhead
3. Slow Roll
4. Pull-Pull-Pull Humpty
(1/4 rolls on up & downlines)
5. Double Avalanche
- 6, 7. Inverted Bridge
(1/4 rolls on up & downlines)
8. 4-Point Roll
9. Immelmann
10. Outside Rolling Circle

Sequence 88:

1. 4-Point Roll
2. Pull-Pull-Pull Humpty
(Half roll on the upline)
3. Avalanche
4. Immelmann
5. Slow Roll
6. P Loop
(1/4 roll on the downline.
Cross-box exit)
7. Hammerhead
(1/4 roll on the downline)
8. Double Avalanche
9. Pull-Pull-Pull Humpty
(1/4 rolls on up & downlines)
10. Knife-edge pass
11. Half Cuban
12. Lomcevak finale

Sequence 90:

1. Avalanche
2. Half Reverse Cuban
3. Slow Roll
4. Pull-Pull-Pull Humpty
(1/4 rolls on up & downlines)
5. P Loop
(full roll on the upline)
6. Rolling 270 Turn
7. Hammerhead
(1/4 roll on the downline)
8. Double Avalanche
- 9, 10. Inverted Bridge
(1/4 rolls on up & downlines)
10. 4-Point Roll
11. Pull-Pull-Pull Humpty
(Half roll on the upline)
12. Knife-edge pass



Progressive Sequences

Sequence 83:

1. **1½ 4-Point Rolls**
2. **Half Reverse Cuban**
(Half roll, opp. full roll on the 45. 2-point roll at the bottom)
3. **Double Avalanche**
(Inside snap, opp. outside snap)
4. **Pull-Push-Pull Humpty**
(¾ 4-point roll on the upline. ¾ inside snap on the downline)
5. **Super Slow Roll**
6. **Hammerhead**
(Inside snap on the upline. 1½ rolls on the downline. Inverted finish)
7. **Outside-Inside Avalanche**
(1½ outside snaps)
8. **Half Cuban**
(Double roll start. Outside snap, opp. direction half roll on the 45)
9. **Reverse P Loop**
(1½ rolls on the upline. ¾ outside loop. Single roll finish)
10. **2½-turn Inverted Spin**
(Upright exit)

Sequence 85:

1. **Double Avalanche**
(Inside snap, opp. outside snap)
2. **Pull-Pull-Pull Humpty**
(1½ rolls on the upline. Inside snap, opp. roll on the downline)
3. **Super Slow Roll**
4. **Immelmann**
(Full roll start. Outside snap, same direction 4-point roll at the top)
5. **2¼-turn Inverted Spin**
(upright cross-box exit)
6. **Hammerhead**
(¾ 4-point roll on the upline. 1½ rolls on the downline. Inverted finish)
7. **Outside-Inside Avalanche**
(1½ outside snaps)
8. **Pull-Push-Pull Humpty**
(¼ roll, opp. half roll on the upline. ¾ outside snap on the downline)
9. **Combination Point Roll**
(Half 8-point roll, opp. half 4-point roll)
10. **Reverse P Loop**
(inside snap on the upline. ¾ outside loop. 1½ 2-point rolls finish)
11. **Outside-Inside Rolling Circle**

Sequence 87:

1. **Double Avalanche**
(Inside snap, opp. outside snap)
2. **Hammerhead**
(4-point roll on the upline. Outside snap, opp. roll on the downline)
3. **Super Slow Roll**
4. **Pull-Push-Push Humpty**
(¼ inside snaps on the upline. ¾ roll on the downline)
5. **Outside-Inside Avalanche**
(1½ outside snaps)
- 6, 7. **Upright Bridge**
(¾ roll on the upline. ¾ inside snap on the downline)
8. **1½ 4-Point Rolls**
(Inverted exit)
9. **Immelmann**
(1½ rolls start. Outside snap, same direction half roll at the top)
10. **Outside-Inside Rolling Circle**

Sequence 89:

1. **1½ 4-Point Rolls**
2. **Pull-Pull-Pull Humpty**
(1½ rolls on the upline. Inside snap, opp. roll on the downline)
3. **Double Avalanche**
(Inside snap, opp. outside snap)
4. **Half Loop**
(Double roll start)
5. **Inverted Slow Roll**
6. **P Loop**
(1½ rolls start. ¾ roll on the downline. Cross-box exit)
7. **Hammerhead**
(¾ 4-point roll on the upline. 1½ rolls on the downline. Push to inverted finish)
8. **Outside-Inside Avalanche**
(1½ outside snaps)
9. **Pull-Push-Pull Humpty**
(¾ roll on the upline. ¾ inside snap on the downline)
10. **Knife-edge pass with Inside Snaps**
(¾ roll to knife-edge. Inside snap knife-edge to knife-edge x2. ¾ roll to upright)
11. **Immelmann**
(1½ 2-point rolls at the top)
12. **Outside Rolling Circle**

Sequence 91:

1. **Double Avalanche**
(Inside snap, opp. outside snap)
2. **Half Reverse Cuban**
(Half roll, opp. full roll on the 45. Single roll at the bottom)
3. **Super Slow Roll**
4. **Pull-Pull-Pull Humpty**
(¼ roll, opp. half roll on the upline. ¾ inside snap on the downline)
5. **P Loop**
(1½ rolls on the upline. ¾ outside loop. 1½ 2-point rolls finish)
6. **Outside-Inside Rolling 270 Turn**
7. **Hammerhead**
(¾ 4-point roll on the upline. Outside snap, opp. roll on the downline)
8. **Inside-Outside Avalanche**
(1½ inside snaps)
- 9, 10. **Inverted Bridge**
(¾ roll on the upline. ¾ outside snap on the downline)
11. **Combination Point Roll**
(Half 8-point roll, opp. half 4-point roll)
12. **Pull-Push-Pull Humpty**
(Inside snap on the upline. 1½ rolls on the downline)
13. **Knife-edge pass with Inside Snaps**
(¾ roll to knife-edge. Inside snap knife-edge to knife-edge x2. ¾ roll to upright)